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The February edition of the EU Swim Newsletter highlights the recent successes of two teams from the Netherlands and Poland. Zwemlust Utrecht and UKS Starogard Gdanski were both participants at the EU Swimming Invitational in Slupsk this October. Their swimmers, including some EU Swimming Invitational record-holders, achieved excellent results at their respective national championships and we present their success in this edition of the newsletter.

Next month's newsletter will be published on 15 March. Please do not hesitate to send in your articles by this date. I look forward to hearing from you and hope you enjoy this edition.

Julia Galan
Director, EU Swimming Invitational

Utrecht Success at Dutch National Championships

Marianne Heemskerk
Head Coach
Zwemlust Utrecht (Netherlands)

Zwemlust Utrecht recently participated in the Dutch National Championships and the Dutch Youth National Championships with excellent results.

Malissa van der Horst (EU Swimming Invitational record-holder in the 100 and 200m backstroke) placed 4th in the 50m backstroke. Aziz Nosaire also placed 4th in his age group in the 200m butterfly and 200m freestyle.

At the Youth National Championships, Yassine Maniani placed 5th in the 400m freestyle and 7th in the 200m free. Sander Ariaansz placed 6th in the 200m freestyle.

Congratulations to Zwemlust Utrecht for their accomplishments! «



UKS „Ósemka” Starogard Gdański: Polish Junior Championship Triumph

Jarek Blazek
Head Coach
UKS „Ósemka” Starogard Gdanski (Poland)

On 23-25 January, UKS Osemka Starogard Gdanski brought a team of seven swimmers to the Polish Junior Championships for swimmers ages 15 and over in Nowa Ruda. All of the swimmers made it to the finals.

Wiktoria Wysocka (EU Swimming Invitational record-holder in the 200m backstroke) won the bronze medal for the 200m backstroke with a time of 2:20.52. She also placed 6th in the 100m backstroke and 10th in the 50m backstroke. Bartosz Osnowski (EU Swimming Invitational record-holder in the 200m backstroke, 50m freestyle and 200m IM) captured the bronze in the 100m IM, with a time of 1:01.80. He placed 5th in the 200m backstroke and 200m IM, as well as 8th in the 50 and 100m backstroke.

In the B-finals, Aleks Weiss placed 13th in the 50m breaststroke, while Natalia Ciachorowska achieved 13th place in the 100 and 200m backstroke. Patryk Laser (EU Swimming Invitational record-holder in the 200m freestyle) placed 11th in the 50m butterfly, with Karol Gil placing 13th in the 200m backstroke and Marta Stepniak 12th in the 400m IM.

The boys 4x100m medley relay (Gil, Weiss, Laser, Osnowski) surprised the team with a successful 4th place finish.

Meanwhile, the Polish Junior Championships for swimmers ages 17-18 were held in Oswiecim. Katarzyna Belczewska represented UKS Starogard in this national competition, achieving 6th place in the 800m freestyle and 11th in the 400m freestyle.

Congratulations to UKS Starogard for their success! «



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